

RANGER RELAYS

**5th/6th & 7th/8th Girls and Boys Track & Field Meet
@ Texas School for the Deaf**

Saturday, March 24, 2018

**7:30am: Coaches Meeting & Scratches (Seeger Gym – inside)
(Running events will follow this order – 5/6th girls, 5/6th boys, 7/8th girls, 7/8th boys)**

8:00am:

Running Event: 1600M

Field Events: Long Jump
Shot Put (7th/8th only)
Discus (7th/8th only)
Triple Jump (7th/8th only)
High Jump

12:00pm: Break

1:00pm:

Running Events: 100M Hurdles (Girls 30"; Boys 33", 7/8th only)
4x100 Relay
50M
800M
100M
4x200 Relay (7/8th only)
400M
200M
4x400 Relay



**** Pick up medals/ribbons/trophies from Press Box ****